Benaroya Research Institute at Virginia Mason (BRI) oversees all clinical research at Virginia Mason, uniquely combining the expertise of a world-renowned medical research institute with the remarkable care of a leader in quality healthcare. The clinical research program at Virginia Mason partners with BRI on a broad spectrum of disease research studies.

**OUR GOAL**

The goal of the BRI clinical research program in partnership with Virginia Mason is to provide patients with a research option at every step of their disease, from initial diagnosis to long-term follow-up. Our highly trained staff enrolls more than 5,000 study participants each year, diligently working to protect their health and safety.

**FAST FACTS**

- **$6M** Annual research portfolio
- **170+** Physicians engaged in research
- **500+** Active Studies
- **275+** Studies Currently Enrolling Participants

**Clinical Research – Areas of Study**

- Diabetes
- Gynecology
- Neurology
- Rheumatology
- Gastro-enterology
- Asthma, Allergies and Immunology
- Cancer
- Cardiology

And many more. To see a full list, visit BenaroyaResearch.org
CLINICAL RESEARCH

WHY PARTICIPATE?

• Receive leading-edge care that may not be available in many medical centers
• Opportunity to advance science and help find new diagnostics and treatments
• Clinical research may help you directly, or others in the future

FROM LAB TO CLINIC AND BACK

We integrate laboratory research from BRI with clinical care at Virginia Mason. Our approach connects three types of medical research — laboratory, translational (through use of biorepositories) and clinical — to accelerate discovery and improve lives.

JOIN US

Each year thousands of people—including healthy individuals—volunteer as clinical study participants, helping to improve diagnosis, treatment and prevention of a wide range of diseases. There are numerous clinical studies enrolling participants at any given time, with new studies always getting under way. To learn more about our areas of clinical research or to join our research opportunities volunteer registry, visit BenaroyaResearch.org/crr.

Get More Information

Visit BenaroyaResearch.org and sign up to receive research updates.

Follow stories on the Autoimmune Life blog at BenaroyaResearch.org/blog

Partner in Discovery

We need volunteer donors with and without disease.

BRI researchers work with hundreds of physicians and patients through biorepositories and clinical trials—all focused on improving human health.

Register to donate to a biorepository at BenaroyaResearch.org/bio

To sign up for the Clinical Research Registry, visit: BenaroyaResearch.org/crr

Donate

To support lifesaving medical research visit: BenaroyaResearch.org/donate-now