

Over 900 monuments were lit blue last year on World Diabetes Day, as part of the International Diabetes Federation campaign to raise awareness...



...and on the evening of November 14<sup>th</sup>, 2011 Seattle will participate by lighting the beautiful Pacific Science Center arches.

World Diabetes Day, as designated by the United Nations, engages millions of people worldwide in diabetes advocacy and awareness.

Please join Puget Sound's network of diabetes organizations in recognizing the nearly 2 million Washington state residents at risk or living with diabetes:

- Wear blue on Monday, November 14<sup>th</sup> and upload your photos on our Facebook page "[Puget Sound World Diabetes Day](#)."
- Learn more about type 1 and type 2 diabetes, symptoms, risk factors, and prevention at the web address below.
- Tell friends about the illuminated arches and our community's participation in the blue monument challenge.

The following organizations are involved locally: [Abbott Diabetes Care](#) • [American Diabetes Association](#) • [Animas Benaroya Research Institute](#) • [Insulet Corporation](#) • [Juvenile Diabetes Research Foundation Lilly USA](#) • [Lions Clubs International](#) • [Mary Bridge Children's Health Center](#) • [Medtronic MiniMed](#) • [Novo Nordisk](#) • [Pacific Northwest Research Institute](#) • [Sanofi USA](#) • [Seattle Children's Hospital](#) • [Swedish Medical Center](#) • [University of Washington Diabetes Research Center](#) • [Virginia Mason Medical Center](#)

For more information about diabetes and World Diabetes Day, please visit [www.benaroyaresearch.org/wdd](http://www.benaroyaresearch.org/wdd)

Please contact Benaroya Research Institute with any questions.

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